



“Any fact facing us, however difficult, even seemingly hopeless, is not so important as our attitude towards that fact. How you think about a fact may defeat you before you ever do anything about it. You may permit a fact to overwhelm you mentally before you deal with it actually. On the other hand, a confident and optimistic thought pattern can overcome or modify the fact altogether.”

(Norman Vincent Peale, 1898-1993, author and protestant minister, from his 1953 book, *The Power of Positive Thinking*.)